

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Funded in part by the US administration on aging and state funds by the Rhode Island Department of Elderly Affairs.</i>	<i>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens</i>	<u>Salad Option for the Month</u> Sliced Turkey, Tomato, Craisins, Walnuts, Spinach/Iceberg Blend Balsamic Dressing Beginning Monday, November 4th		1 Shrimp & Corn Bisque Florentine Fish Mashed Potatoes Baby Whole Carrots Oatmeal Bread Pudding (Turkey & Cheese on Oatmeal)
4 Onion Soup Swedish Meatballs Buttered Noodles Green Beans Marble Bread Cookie (Turkey Salad on Marble) Salad Starts Today!!	5 Venus de Milo Soup Kielbasa w/ Mustard Boiled Potatoes Cabbage/Carrot Blend Dinner Roll Diced Peaches (Meatballs on Grinder Roll)	6 Vegetable Soup Roast Pork Loin w/Applesauce Mashed Sweet Potatoes Mixed Vegetables Rye Bread Fresh Fruit (Egg Salad on Rye)	7 Chicken Soup French Meat Pie Seasoned Spinach 12 Grain Bread Brownie (Sliced Chicken on Multi Grain)	8 <u>Veteran's Lunch</u> Beef Vegetable Soup Chicken Cordon Bleu w/Gravy Rice Pilaf Capri Blend Vegetables Wheat Bread Ice Cream (Meatloaf on Wheat) Free Sponsored Lunch: Lunch Of Love
11 CLOSED!! <small>NOVEMBER 11 FOR VETERAN'S DAY.</small> 	12 Escarole & Bean Soup Herb Roasted Grilled Chicken Garlic Mashed Potatoes Asparagus Cuts Multi Grain Bread Pudding (Tuna on Multi Grain)	13 Cream of Broccoli Soup Lasagna Roll Up Italian Blend Vegetable Garlic Knot Diced Pears (Turkey & Cheese on a Roll)	14 Barley Soup Shepherd's Pie Roasted Brussels Sprouts Multi Grain Bread Rye Bread Coffee Cake (Pastrami and Swiss on Rye)	15 Red Chowder Stuffed Sole Red Bliss Mashed Potato Roasted Zucchini Oatmeal Bread Fresh Fruit (Ham Salad on Oatmeal)
18 Beef Barley Soup Tuna Salad Tortellini Salad Beet & Onion Salad Pumpnickel Bread Shortbread Cookie (Turkey & Cheese/ Pumpnickel)	19 Vegetable Soup Chicken Cacciatore Seasoned Whole Wheat Pasta Broccoli Italian Bread Fresh Fruit (Italian Tuna on Italian Bread)	20 Minestrone Soup Pot Roast w/Gravy Mashed Potatoes Mixed Vegetables Marble Bread Fruit Cocktail (Bologna and Cheese on Marbl)	21 HAPPY BIRTHDAY Airline Chicken Mashed Potato Mixed Vegetables Rye Bread Frosted Cupcake (Corned Beef and Swiss on Rye) 	22 Thanksgiving Lunch Italian Wedding Soup Roast Turkey w/ Gravy Cornbread Stuffing Sliced Carrots Dinner Roll Cranberry Sauce Pumpkin Pudding (Seafood Salad on Roll)
25 Tomato & Brown Rice Soup Italian Style Chicken Cutlet Mashed Potato Vegetable Blend Italian Bread Crushed Pineapple (Salami/Provolone on Italian)	26 Egg Drop Soup Seafood Chow Mein Crunchy Noodles Asian Blend Vegetables Wheat Dinner Roll Mandarin Oranges (Chicken Salad on Wheat) Free Sponsored Lunch: Crestwood	27 100% Orange Juice Cheese Omelet Fruit Filled Pancake w/ Syrup Baked Tomato Half Greek Yogurt (Fish Sandwich on Roll)	28 C-L-O-S-E-D  C-L-O-S-E-D	29